



## **HELPING PATIENTS QUIT TOBACCO IS A TOP PRIORITY FOR YOU AND YOUR PRACTICE.**

**BUT HOW DO YOU GET PAID WITHOUT GETTING LOST IN THE REIMBURSEMENT MAZE?**

Help is available through an online training module on the TRAIN platform

**Tobacco Dependence Treatment: Coverage, Billing, and Reimbursement**

- Especially designed for licensed health and behavioral health professionals, billing staff, administrators, and other staff engaged with providing tobacco dependence treatment
- Approximately one hour in length
- Includes a post-assessment and certificate of completion
- Access at <https://www.train.org/ks> (Search by course title or course number 1085269)
- Pre-Approval for Continuing Education is Pending

**FOR MORE INFORMATION CONTACT :**  
Rick Cagan at NAMI Kansas  
[rcagan@namikansas.org](mailto:rcagan@namikansas.org)

# HEALTH INSURANCE HELPS MOST PATIENTS QUIT SMOKING<sup>1</sup>

Insurance	Counseling	Medications	Attempts/year	Cost-share
Medicare	4 sessions per quit attempt	At least one FDA approved <sup>2</sup> medication. No over-the-counter NRTs [patch, gum, lozenge]	2	None
KanCare (Kansas Medicaid) <sup>3</sup>	Unlimited	All FDA approved prescription medication, including combination therapy	4	None
Marketplace	4 sessions per quit attempt	All FDA approved over-the-counter and prescription medications	2	None
Employer-sponsored including State Employee Health Plan	4 sessions per quit attempt	All FDA approved over-the-counter and prescription medications	2	None
Grandfathered plans	Varies	Coverage varies by individual plan	Varies	Varies

1. Medicare, Marketplace and Employer-sponsored plans may vary regarding prior authorization and step therapy requirements.

2. FDA approved prescription medications include Nicotine Replacement Therapy (NRT), including patch, gum, lozenge, nasal spray and inhaler, Varenicline (Chantix), Bupropion SR (Zyban).

3. Benefits for individuals who may be covered under KanCare expansion have yet to be determined and are subject to action by the Kansas Legislature.

Detailed guidance on KanCare benefits are available by emailing [rcagan@namikansas.org](mailto:rcagan@namikansas.org)

Information for uninsured patients can be found at <https://namikansas.org/resources/smoking-cessation-information>.

For information about Veterans Affairs benefits, please go to <https://www.mentalhealth.va.gov/quit-tobacco/> or 1-855-QUITVET (1-855-784-8838).